



MOBILE MAMMOGRAPHY SERVICES

Preparing for your visit to the mobile mammography coach.

Saint Thomas Health is excited to bring life saving mammography to your doorstep. Mobile Mammography is designed for screening age women who meet the following criteria:

- At or over the age of 40
- Not experiencing any breast problems (pain, lump, etc.)
- No personal history of breast cancer
- Not being followed by a physician for breast problems
- Not pregnant
- Not breast feeding
- A year since last screening mammogram

How to Prepare for your Mammogram

Tell your Health Professional if you:

- Have breast implants. Breast implants require a modified mammogram method.
- Have previously had a benign breast biopsy. Knowing the location of scar tissue will help the radiologist read your mammogram accurately.

On the day of the Mammogram

- Wear a two-piece outfit to easily undress above the waist.
- Do not use any deodorant, perfume, powders, or ointments on your breasts. The residue left on your skin by these substances may interfere with the X-rays. (We will provide deodorant for your use after the exam.)

Our Mission

Our Mission in Motion is an effort by Saint Thomas Health and supported through grants from Susan G. Komen. This program has provided Middle Tennessee with the first Mobile Mammography Coach.

It is the hope of Saint Thomas Health and Komen Foundation to improve the compliance rates for screening mammography, thus decreasing the late-stage detections of Breast Cancer for all women in Middle Tennessee.

DATE

October 12th, 2012

TIME

5-8pm

LOCATION

Lane Agri Park

315 John Rice Boulevard

CONTACT FOR SCHEDULING

Kelli Perrien @ 898-7715

